



Name: Kate Steiner (b. 1979, UK)

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Education:

- University of Hertfordshire, UK, Master of Illustration, [online] 2016
- College of Education, Vienna, 30 ECTS Credits, English & Creative Studies, 2015
- Aston University, Birmingham, UK, Post Graduate Diploma, Psychology, [online] 2014
- Arts University Bournemouth, UK, Bachelor of Arts Modelmaking, 2011
- Gloscat College of Higher Education, UK, Foundation Diploma Fine Art, 2007
- The Cotswold School, UK, High School Education, 1995

Group Exhibitions:

- 2010, "Art on the pier", Boscome Art Pier, UK,
- 2011, "Art on the pier", Boscome Art Pier, UK,
- 2011, "New Blades", Holborn Studios, London, UK
- 2011, "Brighton Art Fair", Brighton Dome, UK
- 2011, "Art Junky", Phoenix Centre, Brighton, UK
- 2012, "V art fair", Bournemouth, UK
- 2012, "Magna Events", Bournemouth, UK
- 2015, "Self Portraits", The Frame Gallery, Hertfordshire, UK
- 2016, "All Time is Unredeemable", The Gallery Steiner, Vienna, Austria
- 2016/17, "Graphic Relief", Awakenings Foundation Center and Gallery, Chicago, USA
- 2017, "Finding Beauty", Mondri Gallery, Vienna, Austria
- 2017, "Affordable Art Fair", The Vienna Workshop Gallery, Vienna, Austria
- 2017, "Yoga Planet", The University of Applied Arts, Vienna, Austria
- 2018, "Preview OSTEN4ART", Gallery OSTEN, Skopje, Macedonia
- 2018, "Yoga & Art Pop up Event", Schokoladenfabrik, Vienna, Austria
- 2019, "The Funky Experience of Expansion", Project Space, Vienna, Austria

Solo Exhibitions:

- 2015, "Music and Art", Caffe Lassa, Vienna, Austria
- 2017, "Activate Your Radiance", The Vienna Workshop Gallery, Vienna,
- 2017, "Yoga Portraits", GB*20, Vienna, Austria

Collections:

- JAG Gallery, Brighton, UK (2010 - 2011)
- In Vitro Gallery, Lincoln, UK (2011 - 2012)
- Moontree Gallery, Boscome, UK (2011 - 2012)
- Private collections worldwide

Articles and Features:

- “Sunday spotlight seller”, Etsy Veg Blog, Web, 2011
- “It’s almost Earth day”, Big Bad Art, Web, 2011
- “RaAM news”, The Association for Researching and Applying Metaphor, newsletter edition 18, 2016
- “Violence”, é | engagée, volume 4, Print magazine, 2016
- “Lehrer/innenkalender”, Stadtschulerat Wien, Print Kalender, 2016/2017
- “3 Easy Yoga Poses for Overindulgence”, Secret Garden Healing Oasis Blog, Blog post, 2017
- “Travel, have fun, inspire and be inspired”, The Nuno Blog, Blog post, 2017
- “Heat, ice-cream and Nirvana”, World Nomads Blog, Blog post, 2017
- Interview with Yoga Aktuell Blog, Blog post, 2017
- “Depression: A poem for those who suffer and those who don’t”, The Mighty, Blog, Blog post 2019

Teaching:

- English Native Speaker Teacher, Art focus, Vienna, 2012 – 2016
- Yoga Teacher, UK and Vienna, 2012 - current

Groups and other Education:

- Sivananda Yoga Vedanta Ashram, Austria, 200hr Yoga Teacher Diploma, 2012
- Denkfabrik, Kunsthalle Wien, member, 2013 – current
- Visionary Business School [online course], 2016/17
- Marketing Tools for Artists [online course], 2017
- Guest Blogging Certificate Course [online course], 2017
- Doktor Yoga, Vienna, 200hr Yoga Teacher Diploma, 2018

Biography:

This is me! My name is Kate.

I’m an artist, a mum and a yoga teacher. Originally from England, I moved to Austria in 2012 when I met my husband and now work out of one of the most beautiful cities in the world.

I have a degree in Modelmaking from the Arts Institute Bournemouth and a Masters Degree in Illustration from The University of Hertfordshire.

Graduation, in front of my family, from the latter being my proudest moment to date.

I take inspiration from humanity, the natural world and the universe as a whole and use natural materials mixed with gold leaf in my work. I weave my yoga practice into my art and all of my work is themed around connection.

Working predominantly in acrylic, I keep my paintings and splatterings relatively small due to the fact that I live in a tiny apartment with my tiny family!



Statement:

Using earth, sand soil and 24 carat gold leaf, I make art that is woven together with the underlying theme of connection ... connection to each other, the earth and the universe as a whole.

My expansion series is a number of pieces exploring growth, time and connection. It began when I discovered I was pregnant with my son and soon evolved into a personal reflection of my thoughts around life, death and the universe. At 40, I felt as though my life had entered into a new phase. I am reborn as mother and wife, artist and yoga student.

By binding natural, simple and tactile mediums such as earth into the paint and embellishing the final pieces with luxurious 24 carat gold, there is a juxtaposition of materials created.

In using the simplest of materials accompanied by one of the most valued, I try to draw the conclusion that no matter what our self perception or our perception of beauty is, from the micro, ie; grains of sand and cellular, intangible energies of our physical bodies through to the macro; ie the planetary elements of our solar system and beyond, we are the embodiment of connection itself. The 92 elements of life that comprise everything in our known universe is the same as is contained in our human bodies ... We are, literally, stardust and as fundamentally connected to each other as we are to everything in our universe.

Circles play a large role throughout this series as the symbol of the never ending fluctuations in our consciousness and each piece can explode or implode as the viewer wishes to see it. The colours used nod to my yoga training and many years as a yoga practitioner, as the colours of the 'chakras' or whirling energy centres in the body. In the yogic traditions, we do not die ... we simply leave our bodies behind. Our consciousness evolves and expands, time is deemed irrelevant and we become one with the universe.

Through mimicking the expansion of the universe with every inhalation we can come full circle and connect back to our true nature and to nature itself, with every exhalation.

I wish for my work to be seen as something that has the potential to spark conversations surrounding topics such as ecology, the universe and our place within it and humanities lack of connection. I began creating these works as a response to my son arriving on a planet that has been ravaged by humans. My biggest hope is that he grows up to experience the wonders and beauty of the natural world, that his generation learns from the mistakes of ours and those before us.

In summary; all of my work to date has been an exploration of my personal journey of realisation and healing through the practice of yoga, making art and extensive travel. Everything I make has 'connection' as the main theme and this has only become clear through many years of creating, finding my own style and knowing what is important to me personally as an artist.

This series is a special love note to our ever expanding universe, myself and humanity.